



Image caption: Stonefly nymph, an aquatic insect that is sensitive to changes in water quality.

Biological and Ecological Consequences of Sub-Lethal Ion Concentrations on Microbial and Macroinvertebrate Detritivores

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Abstract: Freshwater detritivores are essential to stream productivity, carbon cycling, and subsidies to terrestrial systems. Gradual low-level, sub-lethal increases in ion concentrations such as sodium (Na), chloride (Cl), and bicarbonate (HCO_3^-) are common, but their impacts on freshwater detritivores and stream processes are not well understood. However, these ions may impact leaf litter decomposition in various ways. We tested each of the pathways in stream mesocosms by amending water with one of 3 NaCl and 3 NaHCO_3 treatments: natural (from a local stream), low (16 mgL^{-1} Na added), medium (32 mgL^{-1} Na added), and high (64 mgL^{-1} Na added) and measuring stonefly growth, respiration, and consumption, and fungi and algal growth over 8 weeks. Similarly, we measured the same variables for isopods that were raised in stream water but fed leaf discs amended with Na as above. Salt treatments had little effect on microbial-mediated leaf litter decomposition and the associated fungal and algal community; however, microbial respiration tended to be elevated on the leaves incubated in NaHCO_3 throughout the 134-day study with the lowest NaHCO_3 concentration having the greatest stimulatory effect. Further, algal growth also showed a pattern of increase from HCO_3^- that may have been an added food resource for macroinvertebrate detritivores in the previous studies but these changes in microbial activity did not change decomposition rates. The stonefly *Amphinemura* increased in biomass and respired more in Na- (both Cl and HCO_3^-) amended water without increased leaf consumption. Na-incubated leaf discs resulted in decreased isopod *Lirceus* growth relative to stream water with little change in respiration and leaf consumption in Na-amended treatments. Together, these results demonstrate that low-level, non-lethal NaCl impacts detritivores both directly and indirectly even at concentrations that are near the chloride reference values for different ecoregions in Arkansas Regulation 2 (ranges from 6 to 36 mgL^{-1} depending on the ecoregion). Other ions, like HCO_3^- , have a similar effect on detritivores but are not currently considered in State regulations despite their prevalence in the environment from waste water.

Key Points:

- Anthropogenic activities can cause subtle increases in ion concentrations in freshwaters of Arkansas.
- Sub-lethal increases in ions can cause stress in organisms due to challenges regulating water and salt balances.
- Sub-lethal increases in NaCl and NaHCO_3 can affect microbial activity, leaf litter quality, and carbon cycling in detrital streams.
- A better understanding of sub-lethal ion concentrations is important when considering water quality standards.

Introduction

Ion increases in Arkansas streams are from a combination of agriculture, wastewater effluent and development associated with urbanization and resource extraction (Griffith, 2014; Musto, 2013). Small amounts of Na and Cl are essential for animals, bacteria, and fungi to maintain hormone signaling pathways, generate electrical cell potentials and regulate bodily fluids (Kaspari et al., 2009). However, increased Na and Cl concentrations have the potential to alter rates of leaf litter decomposition and subsequent carbon cycling in streams by three pathways: 1) directly altering heterotrophic fungi and bacteria consumption, respiration, and growth that colonize and decompose leaf litter from osmoregulatory changes, 2) directly altering macroinvertebrate detritivore consumption and respiration from osmoregulatory changes or 3) indirectly altering macroinvertebrate detritivore feeding rates via changes in litter quality. Greater fungal and bacterial biomass increases the nutritional value of detritus for macroinvertebrate detritivores and typically results in increased leaf litter decomposition rates. Macro-detritivores both, directly and indirectly, increase leaf litter decomposition rates via leaf consumption and by increasing surface area for microbial colonization. Thus, changes in stream ions can have large impacts on freshwater ecosystems through these direct and indirect effects on detrital processing.

Sodium and chloride ions play a key role in osmoregulatory processes of freshwater organisms, and ion imbalances between organisms and their environment can negatively impact freshwater organisms and ecosystems through increased energy expenditure to maintain osmotic balance. Arkansas streams and rivers have among the lowest natural ion concentrations in the U.S. (Griffith, 2014). However, our past studies have documented small, but increased ion concentrations from sodium (Na: 0.7-7.0 mgL⁻¹) and chloride (Cl: 0.8-21.2 mgL⁻¹) in 20 Wadeable streams. Additionally, the Arkansas Department of Environmental Quality (ADEQ) has measured a range in Cl concentrations from 0.4 to over 150 mgL⁻¹ in Arkansas Valley streams (ADEQ database accessed 27Oct15). Sodium bicarbonate (NaHCO₃) has also increased in streams in the Illinois River Basin (Scott et al., 2016). Our study will inform ecological impacts of rising ions that are below documented toxicity levels but are 1) below-, 2) near- and 3) more than- state-set chloride concentrations and quality standards detailed in Arkansas State Regulation 2 (as low as 6 mgL⁻¹ depending on the site and ecoregion; APCEC 2014). We aim to investigate how detrital organisms and their associated processes change in response to sub-lethal increases in common ions; specifically, Na, Cl and bicarbonate (HCO₃). Changes in litter processing rates in combination with altered detritivore growth will support stream ecosystem responses to modified surface water quality.

Methods

Experiment 1 (micro-detritivores):

We tested low-level NaCl and NaHCO₃ additions on heterotrophic fungal biomass on leaf litter. First, sweet gum

leaves were cut into standard-sized discs, leached, and incubated in one of 3 NaCl and 3 NaHCO₃ treatments: natural (from a local stream), low (16 mgL⁻¹ Na added), medium (32mgL⁻¹ Na added), and high (64 mgL⁻¹ Na added). Each salt treatment was represented by 10 growth chambers, and each chamber had 10 leaf discs (N=70). Conductivity and total dissolved solids increase with mineral concentrations and they were measured and interpreted along with effects from salt additions. Chambers were aerated each day to prevent low oxygen conditions and kept in a greenhouse for normal day-night cycles. Leaf discs were incubated for about 4.5 months to allow for possible microbial adaptation. Respiration was measured at the end of weeks 1, 4, 7, 10, 13, 17, and 19 following at least 2 hours of dark incubation using a Membrane Inlet Mass Spectrophotometer (MIMS; Halvorson et al., 2016). Fungal biomass was measured by solid-phase extraction (SPE) of ergosterol followed by high pressure liquid chromatography (HPLC) (Gessner, 2005). Leaf mass was measured before and after the experiment to estimate amount remaining. Finally, chlorophyll a was estimated after observing growth on leaf discs late in the experiment using ethanol extraction and standard spectrophotometric methods (Steinman, 1996).

Experiment 2 (macro-detritivore exposed to salts and fed naturally conditioned leaves):

We tested if experimental addition of salts reduce macro-detritivore growth and litter consumption from an increase in osmoregulatory stress. We used the same salt concentrations as in experiment 1. The common macro-detritivore, *Amphinemura*, was collected from a local stream that has low stream water conductivity (<50 μS cm⁻¹), sorted into size class to the nearest 2 mm, weighed, and placed in one of two salt types and one of the 4 treatments (natural, low, medium, and high). The detritivores were placed in their own growth chamber (10 chambers per treatment; 2 salt types x 3 concentrations +1 stream water x 10 growth chambers, N=70) and fed microbial conditioned leaf litter incubated for 30 days in natural stream water. Leaf discs were replaced each week after 7 days to estimate consumption and to prevent starvation. Detritivores were weighed at the end of 4 weeks. Macro-detritivore growth was expressed as (final-initial mass)/final mass*100. Initial leaf mass was measured from subsampled leaf discs and final leaf mass was measured after the 7-day exposure to detritivores upon experiment termination. Leaf disc respiration and fungal biomass were measured as described in experiment 1.

Experiment 3 (macro-detritivore not exposed to salts but fed salt-incubated leaf discs):

We measured the effects of long-term, low-level salt additions used in the other two experiments on litter quality and macro-detritivore growth. First, we used the same common macro-detritivore, *Amphinemura*, as in experiment 2, collected from a local stream, separated by size class and placed in natural stream water with no added salts. Unfortunately,

because of an unusually warm winter, the stoneflies emerged after a week into the experiment. We set-up a second experiment with the Isopod, *Lirceus*. The detritivores were then fed sweet gum discs from one of the above 2 salts and 3 salt concentrations after a 30-day incubation period. Detritivores were separated by size class as above and randomly placed in one chamber. Experimental design was as above except 5 isopods were placed in each chamber and their average growth was used as the unit of replication (2 salt types x 3 concentrations + 1 stream water x 10 growth chambers, N=70). A sub-sample of detritivores that did not get placed in chambers were dried and weighed and their size class was recorded. Final detritivore dry mass was measured for all individuals. Macro-detritivore growth was measured as (final-initial mass)/final mass*100. Leaf mass lost was measured using the same methods as above.

Statistical Analysis

We used one-way analysis of variance to compare salt treatments effects on response variables (e.g. growth, biomass, leaf mass loss) for each of the proposed experiments and Student's *t* post-hoc pairwise comparison if main model $\alpha \leq 0.05$. Repeated measures ANOVA was used to test differences in leaf disc respiration with a Tukey's honest significance test. If data did not follow parametric assumptions, then Wilcoxon test was used with a follow-up Wilcoxon each pair post-hoc test when $\alpha \leq 0.05$.

Results

Experiment 1 (micro-detritivore; Figures 1-4 & Tables 1-4).

Overall, salt treatments had little effect on leaf litter decomposition and the associated fungal and algal community; however, respiration tended to be greater on the leaves incubated in NaHCO_3 throughout the 134-day study with the lowest NaHCO_3 concentration having the greatest stimulatory effect. Both salt treatment and time had significant main effects on microbial respiration ($p < 0.001, 0.013$), but did not interact ($p > 0.005$, Table 1). Salt treatment appeared to be the primary

driver of microbial respiration and respiration varied across time (Figure 1). During week 1, low NaHCO_3 and NaCl treatments elicited greater respiration than moderate and high NaHCO_3 and high NaCl treatments on discs compared to stream water (SW). Low NaCl also resulted in significantly greater respiration than moderate NaCl on leaf discs. During week 19, low and moderate NaHCO_3 elicited a significantly greater respiration response than SW, high NaHCO_3 , and all NaCl treatments; low NaHCO_3 respiration was significantly greater than moderate NaHCO_3 . Despite differences in respiration, there were no statistically significant differences in dry mass remaining across salt treatments (Table 2). However, percent dry mass remaining in NaHCO_3 treatments tended to be greater than in SW and peaked at the medium NaHCO_3 , suggesting the least amount of microbial activity (Figure 2). Fungal biomass did not differ statistically across treatments either (Table 3), but tended to increase with salt concentrations where it peaked in medium salt treatments and then decreased below fungal biomass on leaves incubated in SW (Figure 3). Algal biomass also did not differ across treatments statistically (Table 4) but NaCl treatments tended to have lower algal biomass than SW (Figure 4). Leaf discs incubated in NaHCO_3 treatments showed a pattern of increasing algal biomass where it was most variable at the

Figure 1. Mean microbial respiration expressed per unit dry mass over time. Salt treatments were: SW-3=ambient stream water (3mg/L Na); HCO_3 -16,-32,-64=low, moderate, and high NaHCO_3 treatments (16, 32, 64mg/L, respectively); Cl-16,-32,-64=low, moderate, and high NaCl treatments (16,32,64mg/L, respectively). Both salt treatment and time had significant main effects on microbial respiration ($p < 0.001, 0.013$), but did not interact ($p > 0.005$). Salt treatment appeared to be the primary driver of microbial respiration responses and respiration varied across time.

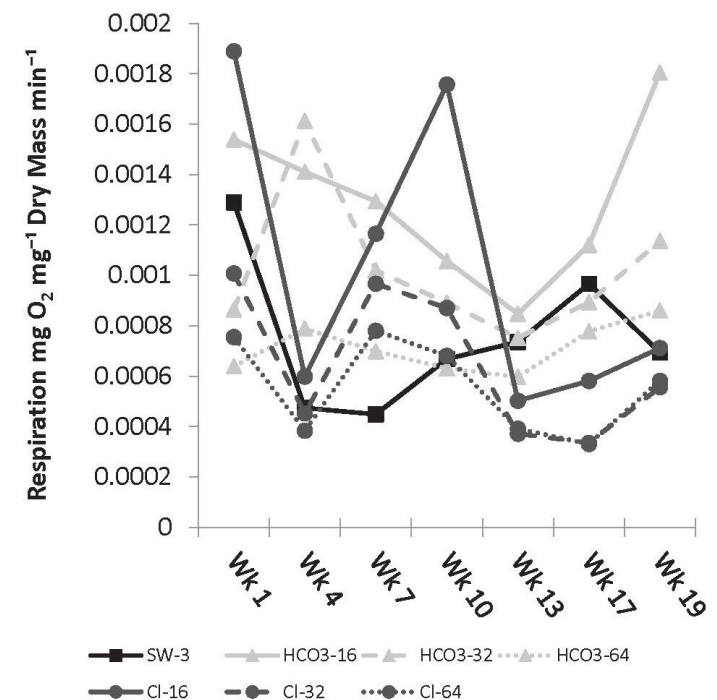


Table 1. One-way repeated measures ANOVA ($\alpha = 0.05$) output for microbial respiration across time. Salt factor includes 7 levels: filtered stream water at ambient salinity (3 mg/L Na); filtered stream water amended to low, medium, and high sodium bicarbonate concentrations (16, 32, and 64 mg/L Na); and filtered stream water amended to low, medium, and high sodium chloride concentrations (16, 32, and 64 mg/L Na). Repeated measures were carried out on weeks 1, 4, 7, 10, 13, 17, and 19.

| | Factor | df | F | <i>p</i> |
|----------|-----------|----|-------|------------------|
| Dry Mass | Salt | 6 | 6.299 | <0.001 |
| | Time | 6 | 2.738 | 0.013 |
| | Salt*Time | 36 | 1.159 | 0.247 |
| AFDM | Salt | 6 | 2.973 | 0.007 |
| | Time | 6 | 1.901 | 0.079 |
| | Salt*Time | 36 | 0.717 | 0.889 |

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Table 2. One-way ANOVA ($\alpha=0.05$) output for % leaf litter remaining at termination (week 19, day 134).

| | df | F | p |
|----------|----|-------|-------|
| Dry Mass | 6 | 1.577 | 0.169 |
| AFDM | 6 | 0.389 | 0.884 |

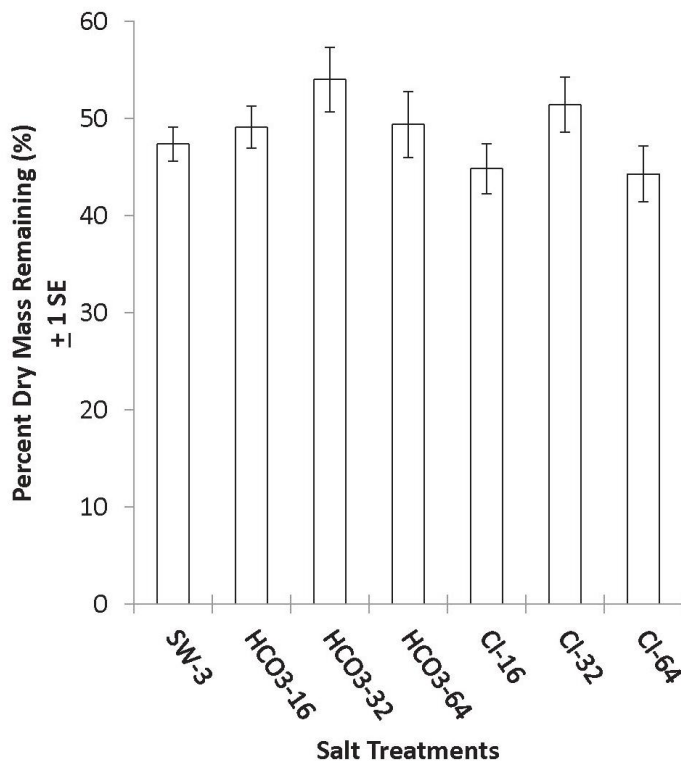


Figure 2. Mean (+1 SE) percent dry mass of litter remaining. There were no statistically significant differences in percent dry mass remaining across salt treatments, although percent dry mass remaining in NaHCO_3 treatments tended to be greater than in ambient (3mg/L) stream water. Additionally, percent dry mass remaining showed an increasing pattern with increasing salt concentration for NaHCO_3 treatments until peaking at median salt and then decreasing at the two greatest salt concentrations.

greatest NaHCO_3 concentration that was likely from the more basic pH that supports optimal algal growth (Brock, 1973).

Experiment 2 (macro-detritivores exposed to added salts in streamwater and fed naturally conditioned leaves; Figures 5-6).

Overall, salt amendments to SW tended to stimulate stonefly growth, respiration, and fungal biomass on leaf discs. Stoneflies in stream water gained about 50% mass over the month long experiment compared to ~60% increase for stoneflies in low and high NaCl and NaHCO_3 amended water ($p=0.04$). Stoneflies in the medium salt treatments gained about the same mass as those in SW ($p>0.05$). Added low and high salts resulted in ~10% increase in mass (Figure 5A). Stonefly respiration was measured on day 30 of the experiment. Stonefly

Table 3. One-way ANOVA ($\alpha=0.05$) output for fungal biomass at termination (week 19, day 134).

| | df | F | p |
|----------|----|-------|-------|
| Dry Mass | 6 | 0.517 | 0.793 |
| AFDM | 6 | 1.115 | 0.364 |

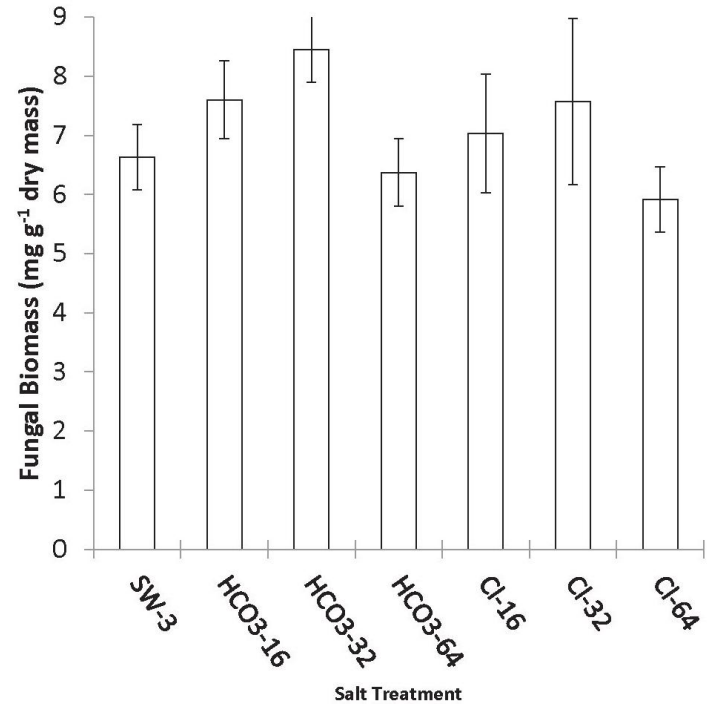


Figure 3. Mean fungal (+1 SE) expressed per unit litter dry mass across salt treatments. Fungal biomass tended to increase with salt concentrations peaking in moderate salt treatments (32mg/L) and then decreasing in the highest salt treatments (64mg/L) to levels below that found in ambient salinity controls for NaCl and NaCO_3 salts ($p>0.05$).

respiration in salt-amended water was \geq stonefly respiration for individuals in SW ($p=0.02$). Stonefly respiration was ~3 times faster for individuals in the highest NaHCO_3 treatments and the low and medium NaCl than for stoneflies in SW (Figure 5B). Leaf litter mass remaining after 7 days in stonefly chambers did not differ across treatments ($p=0.73$). Leaf discs lost 20-30% of their mass over the week-long feeding period (Figure 6A). Leaf discs placed in salt amended water with stoneflies gained fungal biomass particularly in NaCl amendments from 1 mg/g on leaves in SW up to an average of 9 mg g^{-1} on leaves in the lowest NaCl added treatment ($p=0.04$, Figure 6B). The increase in fungal biomass on leaves fed to stoneflies incubated in added salt treatments may be from added nutrients provided by stonefly excretion and the overall positive stonefly growth response is probably from this added fungal biomass as a more nutritious food resource (Ferreira et al., 2014).

Table 4. One-way ANOVA ($\alpha=0.05$) output for algal biomass at termination (week 19, day 134).

| | df | F | p |
|----------|----|-------|-------|
| Dry Mass | 6 | 1.167 | 0.336 |
| AFDM | 6 | 1.664 | 0.145 |

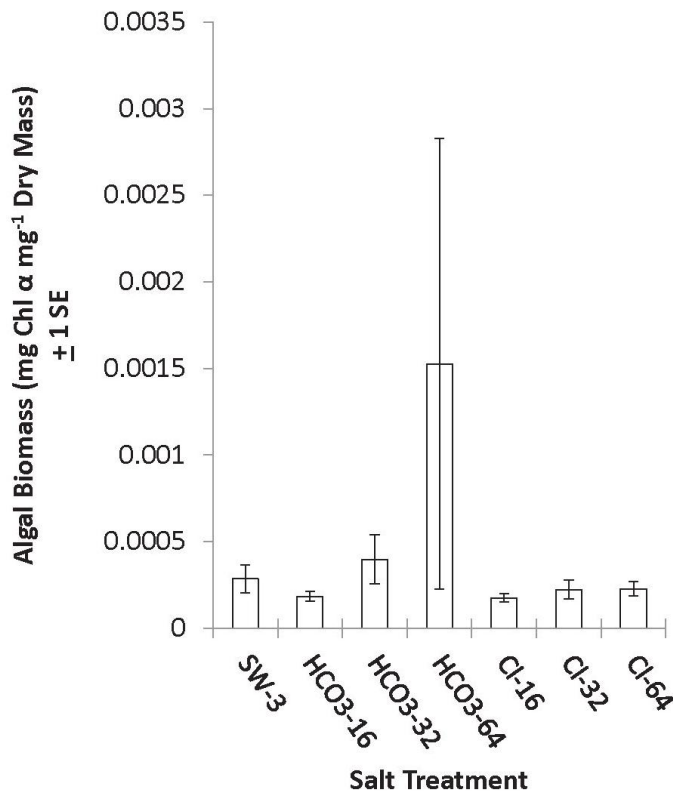


Figure 4. Mean algal biomass measured as chlorophyll a (chl a \pm 1 SE) expressed per unit litter dry mass across salt treatments. NaCl treatments tended to have lower algal biomass than ambient stream water ($p>0.05$). NaHCO₃ treatments had increasing algal biomass with increasing salinity, but only moderate (32mg/L) to high (64mg/L) NaHCO₃ treatments had higher algal biomass than ambient (3mg/L) stream water ($p>0.05$). The greatest variation occurred in high (64mg/L) NaHCO₃ treatments.

Experiment 3 (macro-detrivore not exposed to added salts in streamwater but fed added salt-incubated leaf discs; Figures 7-8).

Overall, feeding isopods leaves that were incubated in some of the added salt treatments suppressed isopod growth and respiration compared to isopods that were fed leaves incubated in SW alone. Isopods fed leaves incubated in SW increased their mass by 70%. In contrast, isopods fed leaves incubated in medium NaHCO₃ and NaCl grew 20% less. Isopods fed leaves incubated in 32mgL⁻¹ NaCl amendments grew about 28% less than those fed SW-incubated leaves (Figure 7A). Isopod respiration was equal to or greater than respiration of isopods fed leaves incubated in SW compared to salts. Isopods that were fed leaves from low NaCl incubations respired the least (and gained the least amount of mass) with

nearly 3x lower respiration than isopods fed leaves from SW and medium NaHCO₃ and NaCl ($p=0.03$, Figure 7B). There was no measurable difference in leaf mass remaining across salt treatments ($p=0.13$). All leaf discs lost 20-40% of their mass over the week-long feeding period. Although not statistically significant, the trend was more leaf mass was lost in the low NaCl incubated leaf discs where isopod growth and respiration were lowest (Figure 7A&B, 8A). Fungal biomass on discs incubated and then fed to isopods had variable biomass ranging from 2 to 6 mgg⁻¹ and there was no treatment effect ($p=0.41$).

Conclusions

These results demonstrate the complexities of nutrient subsidies on stream processes. In spite of the lack of significance for fungal biomass estimates, low level salts, especially NaHCO₃, appear to stimulate microbial respiration. Considering there were no significant differences in percent dry mass remaining across treatments, higher microbial respiration rates may be indicative of microbial energy diverted toward osmoregulation in the presence of ionic stress instead of growth and consumption. Increased algal biomass and fungal biomass can provide added resources to detrital invertebrates, which may initially help mitigate macro-detrivore osmoregulatory stress from increased ion concentrations. Amphinemura increased growth rates and respired more in Na- (both Cl and HCO₃) amended water without increased leaf consumption. Conservation of mass suggests that stoneflies may be feeding on an alternative resource like fungi or algae when NaCl or NaHCO₃ is present. However, diet switching could have long term effects on resource availability (Brown et al., 2004). In addition to potential osmoregulatory stress caused by water ion concentrations, changes to detritus from salts resulted in decreased Lirceus growth relative to stream water with little change in respiration and leaf consumption in salt-amended treatments. This suggests that salts impact the quality of detritus. Although non-lethal, ion increases may impact stream ecosystem processes 1) directly via changes in fungi biomass and respiration, 2) directly by altering macroinvertebrate detritivore consumption, respiration, and growth, and 3) indirectly by altering litter quality. Together, these results demonstrate that low-level, non-lethal NaCl and NaHCO₃ impacts detritivores both directly and indirectly even at concentrations that are near the existing chloride standards in Arkansas. Other ions, like HCO₃, have a similar effect on detritivores but are not currently considered in state and federal regulatory standards despite their prevalence in the environment from waste water treatment and release (Canedo-Arguelles et al., 2016).

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Stonefly response to salt-amended stream water

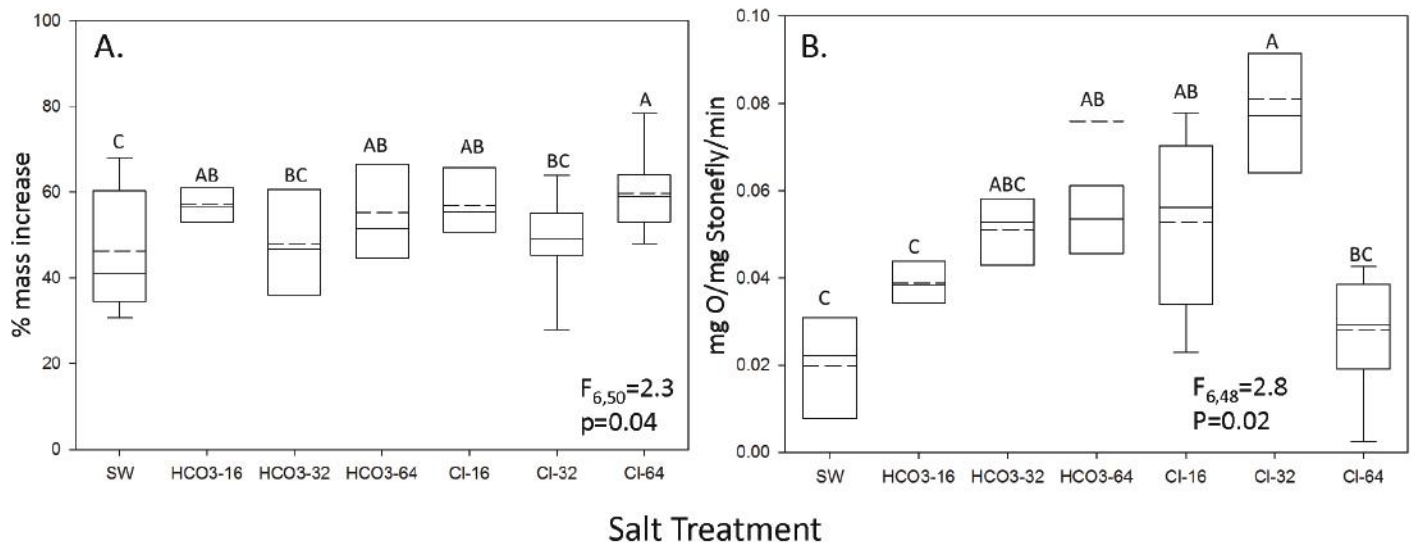


Figure 5. Stoneflies (*Amphinemura* sp.) were fed sweet gum leaves incubated in stream water and reared in chambers with stream water amended with salts. Salt treatments were: SW=ambient stream water (3mg/L Na); HCO3-16,-32,-64=low, moderate, and high NaHCO3 treatments (16, 32, 64mg/L, respectively); Cl-16,-32,-64=low, moderate, and high NaCl treatments (16,32,64mg/L, respectively). Box plots show the upper value as the top whisker that is not an outlier, upper quartile, then a dashed line represents the average and the solid line is the median. Lower box is the lower quartile and the lower whisker is the minimum value excluding outliers. When whiskers are not present it is because they equal the upper and lower quartile, respectively. Panel A. is stonefly growth. Panel B. is stonefly respiration measured on the final day of the experiment. Different letters represent statistical significance at $\alpha=0.05$.

Leaf litter decomposition and fungal biomass following Stonefly feeding

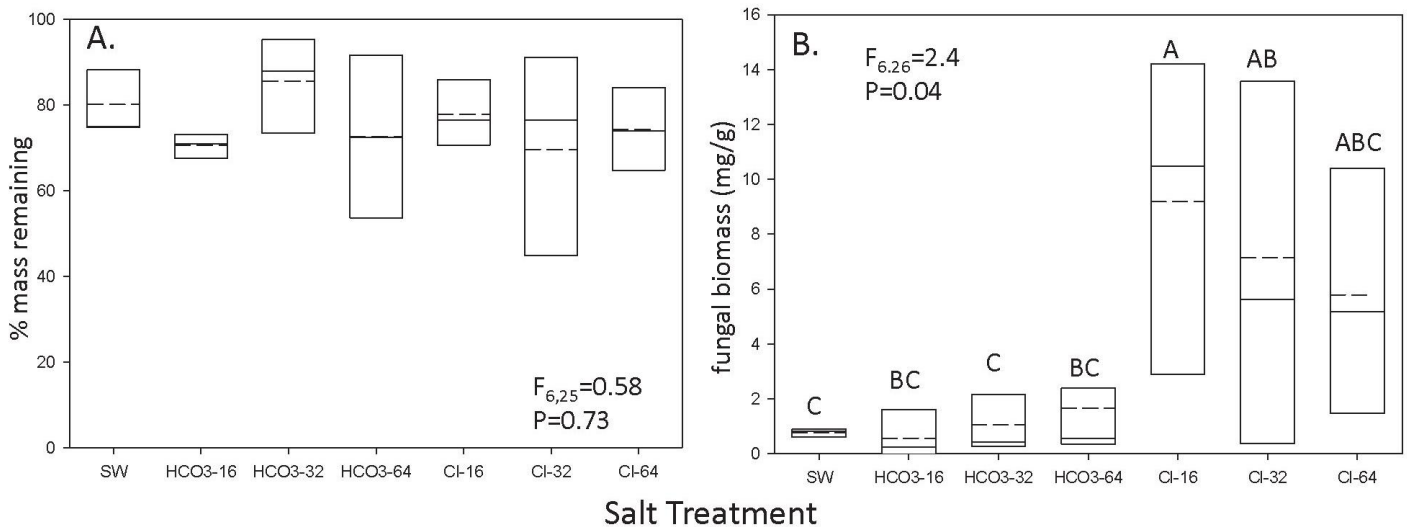


Figure 6. Stoneflies (*Amphinemura* sp.) were fed sweet gum leaves incubated in stream water and reared in chambers with stream water amended with salts. Salt treatments were: SW=ambient stream water (3mg/L Na); HCO3-16,-32,-64=low, moderate, and high NaHCO3 treatments (16, 32, 64mg/L, respectively); Cl-16,-32,-64=low, moderate, and high NaCl treatments (16,32,64mg/L, respectively). Box plots show the upper value as the top whisker that is not an outlier, upper quartile, then a dashed line represents the average and the solid line is the median. Lower box is the lower quartile and the lower whisker is the minimum value excluding outliers. When whiskers are not present it is because they equal the upper and lower quartile, respectively. Panel A is leaf disc mass remaining on final discs. Panel B is fungal biomass on leaf discs following the final stonefly feeding period. Different letters represent statistical significance at $\alpha=0.05$.

Isopod response to eating leaf discs incubated in salt-amended stream water

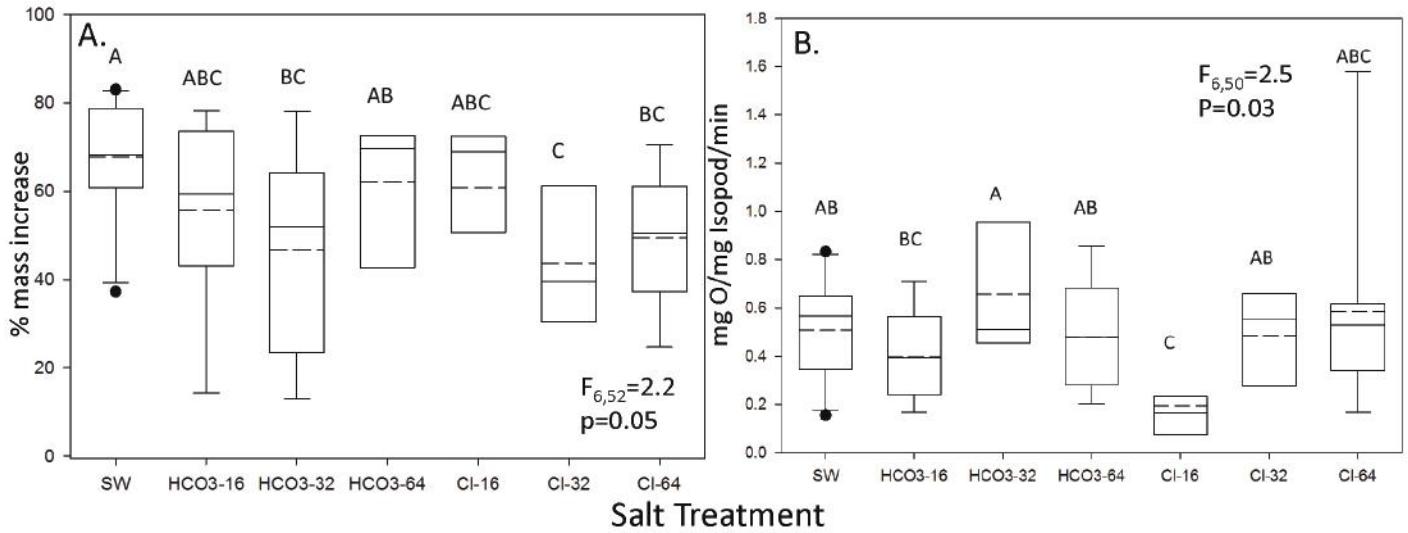


Figure 7. Isopods were fed leaves incubated in stream water amended with salts and chambers had only stream water. Salt treatments that leaves incubated in prior to being offered to isopods were: SW-3=ambient stream water (3mg/L Na); HCO3-16,-32,-64=low, moderate, and high NaHCO3 treatments (16, 32, 64mg/L, respectively); Cl-16,-32,-64=low, moderate, and high NaCl treatments (16,32,64mg/L, respectively). Box plots show black circles as outliers, the upper value as the top whisker that is not an outlier, upper quartile, then a dashed line represents the average and the solid line is the median. Lower box is the lower quartile and the lower whisker is the minimum value excluding outliers. When whiskers are not present it is because they equal the upper and lower quartile, respectively. Panel A is isopod growth about one month after being fed salt-incubated leaves. Panel B is isopod respiration per mg of their body mass (mg). Different letters represent statistical significance at $\alpha=0.05$.

Leaf litter mass remaining and fungal biomass incubated in salt-amended stream water

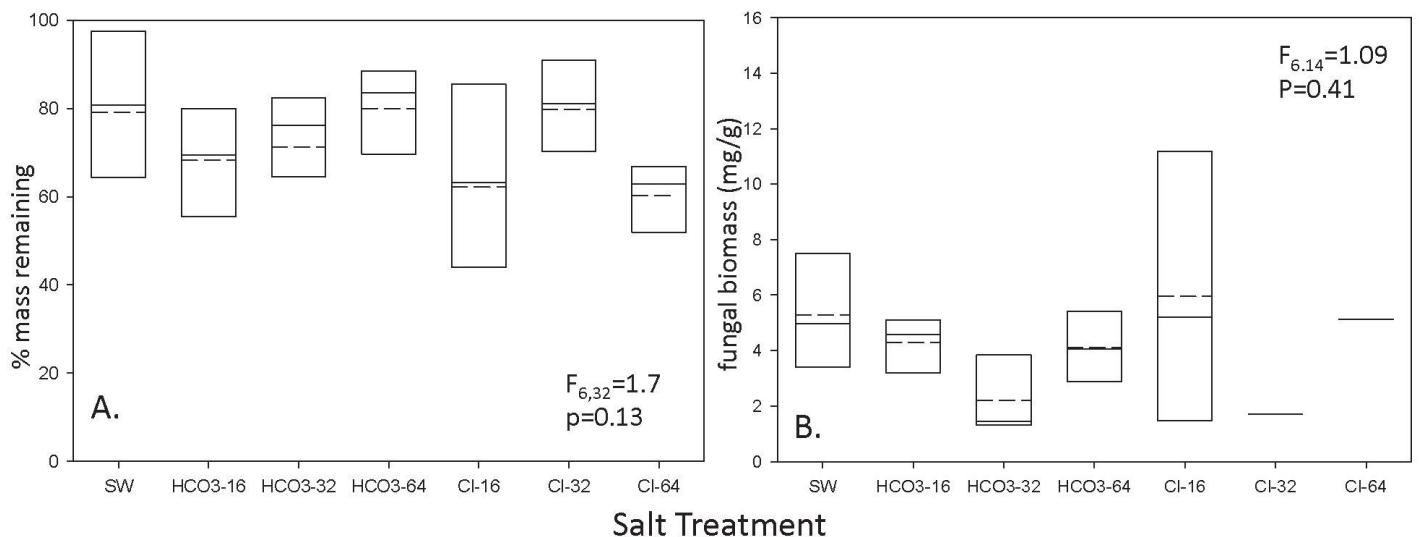


Figure 8. Salt-incubated leaf disc mass remaining and fungal biomass following the last isopod feeding period. Salt treatments that leaves incubated in prior to being offered to isopods were: SW-3=ambient stream water (3mg/L Na); HCO3-16,-32,-64=low, moderate, and high NaHCO3 treatments (16, 32, 64mg/L, respectively); Cl-16,-32,-64=low, moderate, and high NaCl treatments (16,32,64mg/L, respectively). Box plots show black circles as outliers, the upper value as the top whisker that is not an outlier, upper quartile, then a dashed line represents the average and the solid line is the median. Lower box is the lower quartile and the lower whisker is the minimum value excluding outliers. When whiskers are not present it is because they equal the upper and lower quartile, respectively. Panel A. is average leaf disc mass remaining on final discs following isopod feeding. Panel B is fungal biomass on final discs.

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